

Lunch Menu

Blind Brook Ridge Elementary

February 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



IT'S
BRUNCH!
FOR
LUNCH
TIME

1	Fish and Chips crispy breaded fish with a side of baked fries With Roasted Vegetables And Fresh Apples
2	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese 🌱🌱 With Garden Salad And Pineapple

5	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house With Roasted Garlic Cauliflower And Fresh Orange	6	Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Mild Salsa Sour Cream With Fiesta Corn And Diced Peaches	7	Homemade Chicken & Broccoli Alfredo grilled chicken and broccoli florets tossed in a creamy sauce over tender pasta 🌱 And Homemade Garlic Bread With Garden Salad And Fresh Melon Cup	8	Homemade French Toast 🌱🌱 And Turkey Sausage Patty With Chilled Red Pepper Strips And Mixed Berry Cup	9	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese 🌱🌱 And Caesar Salad With Fresh Grapes
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12	Homemade Mac & Cheese pasta in cheese sauce, garnished with parsley 🌱 With Sauteed Zucchini And Fresh Apple	13	General Tso's Chicken crispy chicken with broccoli in General Tso's sauce 🌱 And Rice With Sauteed Vegetable Medley And Fresh Fruit Cup	14	Chicken Nuggets crispy breaded chicken nuggets perfect for dipping in your favorite sauce With Oven Baked Fries With Steamed Carrots And Mixed Fruit	15	Classic Tex Mex Burrito mexi-style meat, rice and shredded cheese folded inside a soft tortilla 🌱 With Sour Cream And Mild Salsa With Black Beans And Fresh Orange	16	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese 🌱🌱 With Garden Salad Mixed Fruit
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26	Mozzarella Sticks crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce 🌱 And Tomato Sauce Dip With Green Beans And Mixed Fruit	27	Seared Dumplings stuffed dumplings perfect for dipping in your favorite Asian sauce 🌱 Or Steamed Dumplings 🌱 With Stir Fry Vegetables And Fresh Fruit Cup	28	Chicken and Waffles crispy chicken placed on top of fluffy waffles With Spinach Salad chopped tomatoes, cucumbers and carrots over a bed of crisp spinach And Fresh Melon Cup	29	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese 🌱 With Cherry Tomatoes And Fresh Fruit Cup
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Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

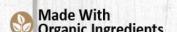
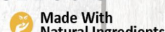
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STUDENT LUNCH PRICE
4.75

ADULT PRICE
6.80 + tax

PRE PAY ONLINE
MY SCHOOL BUCKS



OFFERED DAILY

LUNCH INCLUDES: MAIN ENTREE, FRUIT, VEGGIES, MILK, JUICE OR 8oz WATER.

YOGURT MEAL: FRUIT & YOGURT, GRAHAM CRACKER, CHEESE STICK.

BAGEL LUNCH: BAGEL, CHEESE STICKS, FRUIT & VEGGIES.

SALAD MEAL: GARDEN SALAD, CHEESE STICKS, FRUIT

SANDWICH MEALS:

CHEESE, TURKEY & CHEESE, HAM & CHEESE,